

AUDIO MAGAZINES

Revised: March 2013

Contact Information

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Audio Magazines Produced by the National Library Service for the Blind and Physically Handicapped (NLS)

NLS-produced magazines are available to all patrons. They are mailed directly to you from the producer.

Currently, these magazines are sent on cassette tape and are yours to keep. Beginning in 2013, these magazines will be sent to you on digital cartridges that must be returned to the producer.

You will need a 4-track cassette player to listen to cassette magazines and a digital talking book player for digital magazines.

If you are interested in receiving any of these magazines, please contact the library. Allow six to eight weeks for delivery of your first issue.

Please note: A list of these magazines also appears in the bimonthly editions of *Talking Book Topics*.

These magazines are also available for download via Minnesota Braille and Audio Download (MN BARD). For more information about MN BARD go to www.mnbtbl.org and click on [Minnesota Braille and Audio Reading Download](#).

American Heritage

Quarterly

America's social, educational and cultural history.

Analog Science Fiction and Science Fact

10 issues per year

Short stories, novelettes and features with science fiction themes.

Asimov's Science Fiction

10 issues per year

Short stories, novelettes and features with science fiction themes.

The Atlantic

10 issues per year

Articles on politics and current issues; fiction by contemporary American writers.

Das Beste aus Reader's Digest

Monthly

German edition of *Reader's Digest*. First-person articles, profiles, opinion pieces and other general-interest articles. Selections come from German-language magazines as well as the American edition of *Reader's Digest*. (Germany)

Bon Appetit

Monthly

Cooking, entertainment and travel; recipes from favorite and well-known restaurants.

Consumer Reports

Monthly

In-depth articles that rate consumer products tested for quality, durability, and safety. Also features general-interest topics such as health and money management.

Contemporary Sound Track: A Review of Pop, Jazz, Rock and Country

Bimonthly

A sampler of articles from national magazines concerned with jazz, rock, country and pop music.

Cricket: The Realm of Imagination

9 issues per year.

Stories, poems and articles by internationally known authors; songs, jokes and crafts. For ages 6-12. Combined with *National Geographic World*.

Diabetes Forecast: The Healthy Living Magazine

Monthly

Diabetes, nutrition and health care; research findings. Published by the American Diabetes Association.

Discover: The Magazine of Science, Technology, and the Future

10 issues per year

Articles on ecology, natural history, science and technology; news on breakthroughs in science, technology and medicine; book reviews, brain boggling (puzzles) and awards for technological innovations.

Ebony

11 issues per year

Articles on food, dress, leisure, travel and personalities, with emphasis on achievements of African-Americans.

Ellery Queen's Mystery Magazine

10 issues per year

Mystery stories by top writers in the field and by new, previously unpublished writers.

Foreign Affairs

Bimonthly

Statesmen, diplomats and scholars analyze issues and trends in international politics, law and economics.

France-Amérique

11 issues per year

French news analysis, trends, interviews, book and film reviews, travel advice, French-language resources and information on the French-American community in the United States. Formerly titled *Journal Français*.

Good Housekeeping

Monthly

Articles on family and home management, with features on food and decorating.

Health and Nutrition Newsletters

Monthly

Articles on medical conditions of special interest to older adults; nutritional information, and ways to maintain good health from the **John Hopkins Medicine: *Health After 50***, **Mayo Clinic *Health Letter*** and ***Nutrition Action Healthletter***.

Horticulture: The Art and Science of Smart Gardening

Bimonthly

Gardening trends, products and projects for the amateur gardener.

Magazine of the Month

Monthly

Special National Library Services (NLS) program designed to provide a limited substitute for newsstand browsing; readers are sent a different sample magazine each month.

Money

Monthly

Articles on money management, consumer and family issues; includes regular columns with news and advice on jobs, taxes, Social Security, investments, products and services.

The Musical Mainstream

Quarterly

Selected articles from national magazines about classical music, music criticism and music teaching; lists new NLS music acquisitions.

The Nation

45 issues per year

Covers foreign affairs, local and national politics, education and law; reviews films, theater, books and the arts.

National Geographic

Monthly

Articles on world geography and cultures, plant and animal life, space exploration and ancient history.

National Geographic Kids

10 issues per year

Articles for children about people, places, customs, animals and plant life. Combined with *Cricket*.

National Review

24 issues per year

Presents a conservative viewpoint on business, politics, economics, education and other subjects; edited by William F. Buckley, Jr.

The New York Times Book Review

Weekly

Literary articles and book reviews from the Sunday edition of the *New York Times*.

Odyssey: Adventures in Science

9 issues per year (September-May)

Focus on science with emphasis on earth science and space. Each issue explores a single theme in depth; for grades 5–9.

Outdoor Life

10 issues per year

Adventures and experiences in hunting and fishing; information on conservation and game laws; reports on sporting equipment and techniques.

People

51 issues per year

Celebrity news and interviews.

People en Español

11 issues

Features articles about entertainers and newsworthy individuals of potential interest to Spanish-speaking readers.

QST: Devoted Entirely to Amateur Radio

Monthly

Contains project-building ideas and news on all aspects of ham radio. Official publication of the American Radio Relay League.

Quarterly Music Magazine

Quarterly

Special NLS program designed to provide a limited substitute for newsstand browsing: readers are sent a different music magazine each quarter. Covers a variety of aspects and types of music, such as opera, jazz and country. Includes music teaching for guitar and keyboard.

Smart Computing in Plain English

Monthly

Articles on home computing and reviews of computer software and hardware.

Sound and Vision

8 issues per year

Reports on new sound equipment and record reviews, with emphasis on popular music.

Spider: The Magazine for Children

9 issues per year

Stories, poems, jokes and crafts for beginning readers ages 6-9.

Sports Illustrated

51 issues per year

International sports news and articles with emphasis on American spectator sports; features on sports personalities, sports events and outdoor activities.

Sports Illustrated for Kids

Monthly

Sports news and articles for ages 8-13; features sports personalities, events and sports cards; youth who are excelling in sports; regular column by youths discussing a controversial sport-related issue.

Talking Book Topics

Bimonthly

Announcements of talking books recently added to the NLS collection; news and developments in library services for blind and physically disabled individuals. Cassette edition includes selections from the NLS newsletters, *News*. One-line annotations of books in *Talking Book Topics* are included in *Braille Book Review*.

Travel and Leisure

Monthly

Articles on vacation sites and tour destinations with tips on food and photography.

True West: Preserving the American West

Monthly

Nonfiction articles about the Old West written by historians and western buffs.

Vanidades

Monthly

A general-interest women's magazine with an emphasis on style.

The Week: The Best of the U. S. and International Media

48 issues per year

News and commentary on United States and international media.

The Writer

Monthly

New and established writers discuss their craft and work experiences. Regular columns feature trade news, contest information and names and addresses of manuscript markets.

Young Adult Magazine of the Month

Monthly

Special NLS program designed to provide a limited substitute for newsstand browsing for young adults. Readers are sent a different sample magazine each month.

Audio Magazines Distributed from the Minnesota Braille and Talking Book Library

Glossary

Cassette tape

Narrated text distributed on cassettes in NLS format (4 tracks at 15/16 ips). To be discontinued in 2013.

Digital cartridge

The physical circulation of a digital cartridge magazine (audio file).

Audio download

Audio file that may be downloaded using MN Braille and Audio Reading Download (MN BARD) service.

The following magazines are available on loan from MBTBL. Some are available in digital format and/or for download via [MN BARD](#). The loan period is six weeks. Issues sent by mail must be returned before the next issues will be sent. If you are interested in receiving any of these magazines, please contact the library.

AARP Bulletin (digital cartridge)

Monthly

Retirement topics.

AARP The Magazine (digital cartridge)

Bimonthly

Columns, feature stories and travel and living tips for the retired person. (Combination of *Modern Maturity* and *My Generation* magazines).

Arizona Highways (digital cartridge)

Monthly

Articles about the Southwestern United States.

Audubon (cassette tape)

Bimonthly

Wildlife news from around the world and articles on contemporary issues related to biodiversity and endangered ecosystems.

Black Enterprise Magazine (digital cartridge)

Monthly

Focus on African, Caribbean and African-American business enterprises; regular columns on personal finance; reviews of new business technologies, fashion and style.

Country Woman (digital cartridge)

Bimonthly

Household, farm and garden advice; crafts, decorating and recipes.

Diabetes Self-Management (cassette tape)

Bimonthly

Current information about diabetes research and patient care.

The Economist (digital cartridge, audio download)

Weekly

Focuses on international politics, business news and opinion.

Good Old Days (digital cartridge)

Bimonthly

Articles written by older Americans about experiences and memories from their childhood.

Great Decisions (digital cartridge)

Annual

Essential facts, background and analysis on current global issues.

Grit (digital cartridge)

Bimonthly

Celebrates country lifestyles of all kinds. Topics include country living, practical advice, humor, wildlife, gardening, livestock or pets, seasonal food, tools and machinery. Includes articles found in *Capper's*.

Guideposts (digital cartridge)

Monthly

Interfaith inspirational stories.

Humpty Dumpty (digital cartridge, audio download)

10 issues per year

Published by the Children's Better Health Institute, this magazine is geared towards kids aged 3-6. Filled with games, fiction, poems, crafts and healthful tips.

MBTBL Newsletter (email, digital cartridge, library's website)

Quarterly

Articles of interest from our library.

NARFE Retirement Life (digital cartridge)

Monthly

Subjects of interest to the retired federal worker. Official journal of the National Federation of Retired Federal Employees, NARFE.

National Geographic Traveler (cassette tape)

10 issues per year

The Traveler's "departments and articles are flavored with personality, passion, perspective and a strong sense of place" creating a travel magazine "that propels you from the armchair and into the field."

Organic Gardening (digital cartridge)

Monthly

Organic methods of gardening, cooking techniques, nutrition.

Parents (cassette tape)

Monthly

Articles on parenting.

Playboy (cassette tape)

Monthly

Entertainment for men featuring: humor, advice, party jokes, cutting edge fiction, revealing interviews with celebrated personalities, special insights into the world of sports, politics, business, and the arts, tips on fashion, lifestyle, movies, books and music.

Redbook (cassette tape)

Monthly

Fiction and women's concerns.

Seventeen (cassette tape)

Monthly

A young woman's premier style and beauty magazine, tailored for young women in their late teens and early twenties. It highlights information on fitness, food, cars, college, careers, talent, entertainment, fiction and crucial personal and global issues.

Smithsonian (digital cartridge, audio download)

Monthly

Each issue explores a wide range of subjects from the worlds of science, history, geography and art. Smithsonian Museum highlights and study tours are also featured each month.

Southern Living (cassette tape)

Monthly

Gardening, history, and travel; recipes. Focus on the southern lifestyles.

Sports 'N Spokes (digital cartridge)

Bimonthly

Sports for individuals with physical disabilities.

Vital Speeches of the Day (cassette tape)

Monthly

Features speeches by individuals who have attained leadership in various fields such as economics, politics, education, sociology and law.

Woman's Day (cassette tape)

17 issues per year

Articles on health, fashion, needlework and crafts and decorating.

Wonderful West Virginia (digital cartridge)

Monthly

Natural resources, scenic areas, history and events in West Virginia. Published by the West Virginia Division of Natural Resources.

Yankee (digital cartridge)

Bi-Monthly

Fiction and articles about New England.

Other Available Audio Magazines

There are many other magazines available in audio format. Contact the library for a more complete listing, or visit the National Library Services for the Blind and Physically Handicapped's website at <http://www.loc.gov/nls/reference/directories/magazines.html>.

Some magazines may charge a subscription fee. The Library will not pay subscription fees.

Reader's Digest and Newsweek

Reader's Digest and *Newsweek* are available on cassette tape or digital download directly from the American Printing House for the Blind.

American Printing House for the Blind
1839 Frankfort Ave
Louisville, KY 40206
Toll-free: 1-800-223-1839
Website: <http://tech.aph.org/mags/>
Free to U.S. Citizens

Choice Magazine Listening

Choice Magazine Listening is an anthology of unabridged articles, poetry and fiction. It is available on cassette tape, digital cartridge and for download via MN BARD. For audio subscription information, contact Choice Magazine Listening directly.

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