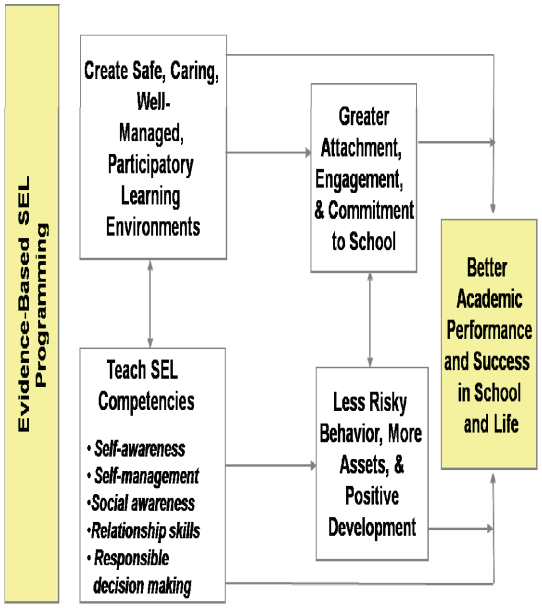
What Is SEL?

The process of developing social and emotional skills in the context of safe, caring, well-managed, and engaging learning environments .

Why Teach SEL:

- Emotions affect how and what we learn
- Schools are social places - Relationships provide foundation for learning
- Effective as classroom management strategy
- Reduces barriers to learning
- SEL skills can be taught
- Demanded by employers
- Aligns with the academic agenda of schools – has a positive impact on academic performance
- Provides name and support for things teachers already do



Need Resources?!?

Student support Services maintains a new lending resource library!

- The lending resource library is located in Room 168 in the Webster Complex. This multimedia library includes ATOD, RM and YVP resources for prevention education, small group facilitators, intervention materials and professional development tools. Materials are available for viewing on Destiny. This library also includes information on LGBTQ issues as well as videos to use in the classroom. Bully prevention materials are also available. You can view the library's content using the destiny system at http://destiny.mpls.k12.mn.us/ click on "MPS District Repository" link and enter a keyword from the topic you are interested in.

Student Support Services
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Minneapolis, MN
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MINNEAPOLIS PUBLIC SCHOOLS
SPECIAL SCHOOL DISTRICT NO. 1

Student Support Services
Phone:612-668-0860

Safe & Drug-free Schools

The Safe & Drug-free Schools branch of MPS Student Support Services provides staff, students and families with a wide range of resources and supports in three primary areas:

- Alcohol, Tobacco and Other Drug (ATOD) Prevention, Early Intervention and Recovery
- Restorative Measures (RM) to improve school climate and as alternatives to suspension
- Youth Violence Prevention and Early Intervention (YVP)

Resources and supports:

- **Curriculum**:

ATOD prevention education that can be integrated with our social skills curricula, Second Step.

Supplemental activities for Restorative measures

Early intervention violence prevention curriculum and supplemental activities

Trainings:

ATOD

Restorative Measures

Gang awareness

- **Consultation**:

Substance abuse interventions

Building level training surrounding restorative measure practices

Youth Violence prevention

- **Vetted Community Resources**:

We partner with a variety of vetted community based services that provide ATOD, RM and YVP direct and school-based services for students and families. Many of these partners are also available to do trainings and coaching around these topics. We focus on partners that are culturally and linguistically specific.

For more information contact: **Julie Young-Burns Phone**: 612-668-0867 **Cell**: 612-668-9724 **Fax:** 612-668-0835 **Email**: jyb@mpls.k12.mn.us or

Leslie Stunkard LADC
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Social Skills and Bully Prevention

Social skills and bully prevention services are available to all Minneapolis Public School students, families and schools. Resources and support are available on such social skills topics as friendship skills, coping with stress, anger management, and impulse control. Resources and support are available on such bullying topics as cyber bullying, empowering bystanders, and best practice in dealing with bullies and victims of bullying.

Social skills and bully prevention services include:

- Trainings for staff and families in violence prevention curriculum such as Second Step
- Consultation on assisting students, families and school communities affected by bullying, those in need of social skills and bullying interventions, or with special needs in the areas of social skills
- Support for teachers implementing social skills and bullying prevention curricula, support for schools in creating and managing bully free learning environments, support for families through family and community meetings or information nights
- Resources like lesson plans and activities, books, videos, websites, community resources, and opportunities to collaborate for effective and efficient programming

For more information contact:**Kate Houghton**
Phone: 612-668-0843 **Fax**: 612-668-0835
Email: kate.houghton@mpls.k12.mn.us

Out4Good

Students
Out 4 Good
Staff
Families

Out4Good is the Minneapolis Public Schools support program for Gay, Lesbian, Bisexual, and Transgender students, staff, and families.

Out4Good works to ensure that :

•***GLBT students*** and their allies have a learning environment that is safe, supportive and promotes academic success for all.

•***GLBT families*** feel safe, respected and included in their children's schools.

•***GLBT teachers and staff*** and their allies feel respected and supported, and free to be the best educators they can be.

Services and Support Provided:

- ***Interactive Trainings***- for staff on issues regarding understanding and supporting the needs of GLBT students, staff, and families!
- ***High School Peer Educators***- available to conduct K-12 classroom presentations on family diversity, name-calling, bullying, and anti-GLBT discrimination.
- ***GLBT and Allied Student Groups***- Support groups for GLBT students, and student leadership groups (Gay/Straight Alliances) for all students.
- ***Consultation***- on individual family, student or staff concerns, policy and program implementation.
- ***Resources***– including brochures, buttons, books, videos, staff development, curriculum, and community resource lists.

For more information contact: **Jason Bucklin**
Phone: 612-668-5482 **Fax**: 612-668-0835
Email: out4good@mpls.k12.mn.us