

Health QTN Develops Benchmarks

The Health and Physical Education Quality Teaching Network (HPE-QTN) has developed a resource to assist school districts in their efforts to develop local health and physical education standards. These standards and benchmarks are not an official state model, since legislation requires districts to develop their own standards. However, they can be used in part or whole as districts go through their development process.

The HPE-QTN group used the National Health Education and Physical Education Standards as the core standards. These standards have been written by our national colleagues and were endorsed by the American Alliance for Health, Physical Education, Recreation and Dance; the Centers of Disease Control and Prevention; and a multitude of other national organizations. The Minnesota Association for Health, Physical Education, Recreation and Dance has also endorsed these standards to be utilized for local Minnesota standards development.

Writing teams were formed for grades K-4, 5-8 and 9-12. Resources used to create the benchmarks included other states' HPE standards (Illinois, California, Kentucky, Virginia, Michigan, Rhode Island, New Jersey, Missouri and North Carolina), the national standards documents, and local standards from some Minnesota districts. The format follows the state standards in mathematics and language arts.

The project information is available to guide you. Please contact Mary Thissen-Milder, Health and Physical Education Consultant, at mary.thissen-milder@state.mn.us for an electronic copy.